

Jan - Feb - Mar 2020	AQUATIC PARK CLASSES AND PROGRAMS			
	*Project Open Hand: Lunch Monday - Friday, Sunday. Noon. Call 415.603.9387 to make a reservation.			
	Menus: http://www.openhand.org/eating-right/our-menu			
	*One-on-one computer tutoring: Call Program Assistant Jan Freeman at 415.775.1869			
<p>Aquatic Park Center 890 Beach Street San Francisco, CA 94109 www.sfsenior.org Mon-Fri 9:00am-3:45pm</p> <p>Direct: 415.775.1866 Fax: 415.775.4020</p> <p>Aquatic Park Staff</p> <p>Joanne Wu Information & Assistance Specialist Direct: 415.202.2982 jwu@SequoiaLiving.org</p> <p>Karen Ren Information & Assistance Specialist Direct: 415.202.2983 kren@SequoiaLiving.org</p> <p>Janis Zhao Program Assistant Direct: 415.202.2975 jazhao@SequoiaLiving.org</p> <p>Rebecca Shotwell Receptionist Direct: 415.202.2976 rshotwell@SequoiaLiving.org</p> <p>Richard Kuttner Receptionist rkuttner@SequoiaLiving.org</p>	CLASS/PROGRAM	TIME	INSTRUCTOR	LOCATION
	MONDAY			
	Social Worker on Duty	9:00 - 3:45	Jill Spezzano	Jill's Office
	Computer Lab	9-12 & 1-3:45	Monitor present	West Wing
	Women's Literature*	9:30 - 11:30	Jacqueline Berger	West Wing
	Farmers Market	9:30 - 12:30	Enjoy!	Room 11
	Beginning Ceramics*	10:00 - 12:15	Ellen Burns	Ceramics Room
		1:00 - 3:15		
	Breath Meditation	10:30 - 11:00	Jill Spezzano	Room 13
	Photography Group	12:30 - 2:30	Marie Eisen	Room 13
	Knitting Group	1:30 - 3:45	Leslie Pellegrini	Blue Room
	TUESDAY			
	Open Studios	9:00 - 3:45	Enjoy!	Ceramics Room
	Social Worker on Duty	9:00 - 3:45	Jill Spezzano	Jill's Office
	Computer Lab	9-12 & 1-3:45	Monitor present	West Wing
	Zen Mindfulness Meditation	9:00 - 10:30	Gary Gach	Room 13
	Acting and Self Expression	10:30 - 12:00	Kathy Stefano	Room 11
	Troubadour Extraordinaire (Music)	12:00 - 1:00	Peter Munks	Blue Room
	Mahjong (American)	12:00 - 1:30	Jill Spezzano	Library
	David's Hollywood (Classic Movies)	12:45 - 2:45	David London	Room 13
	Mahjong (Chinese)	1:00 - 2:30	Janis Zhao	Blue Room
	Stress Busters (3rd Tuesday of the month)	1:00 - 1:30	Eileen Chan	Room 11/Blue Room
	Lola's Art Club	1:00 - 3:00	Lola Fraknoi	Room 11
	Brain Injury Survivors Deserve Better Group (3rd Tuesday of month)	2:00 - 3:30	Marlon Reynolds	Sue's Office
	WEDNESDAY			
	Social Worker on Duty	9:00 - 3:45	Jill Spezzano	Jill's Office
	Computer Lab	9-12 & 1-3:45	Monitor present	West Wing
	Writers Workshop	9:30 - 11:30	Yvonne Cannon	Room 11
	Ceramics*	10:00 - 12:15	Ellen Burns	Ceramics Room
		1:00 - 3:15		
	Women's Group	12:45 - 1:45	Leslie/Alex Pellegrini	Room 11
	Open Topic Dialog	1:00 - 2:00	facilitated	Room 13
	Bridge (info: 772-696-2637)	1:00 - 3:00	Wendy McBrian	Sue's Office
	Play Reading (3rd Wednesday of the month)	1:00 - 3:00	Eunice Stuart	West Wing
	Advanced Italian	2:00 - 3:30	Oscar Rimoldi	Room 11
	Music Appreciation*	2:00 - 3:45	Richard Harrell	Blue Room
	Men's Group	2:30 - 3:30	Alex Pellegrini	Room 13
	THURSDAY			
	Painting*	9:00 - 11:30	Termeh Yeghiazarian	Room 11
		12:30 - 2:45		
	Social Worker on Duty	9:00 - 3:45	Jill Spezzano	Jill's Office
Computer Lab	9-12 & 1-3:45	Monitor present	West Wing	
iPhone Basics Workshop	10:45 - 11:45	Randy Schroeder	Room 13	
iPhone Advanced Workshop	11:45 - 12:45	Randy Schroeder	Room 13	
Aquatic Park Chorus	1:00 - 2:30	Beth Wilmurt	Blue Room	
Beginning Italian (Fee)	1:00 - 2:30	Lynn Hubbard	Room 13	
Bingo (Fee)	1:00 - 2:30	Volunteers	West Wing	
FRIDAY				
Social Worker on Duty	9:00 - 1:00	Jill Spezzano	Jill's Office	
Computer Lab	9-12 & 1-3:45	Monitor present	West Wing	
Open Studios	9:00 - 3:45	Enjoy!	Ceramics Room	
Computer Skills Class - Chinese	9:30 - 11:30	Wanda Liu	Room 13	
Book Club (1st Friday of every month)	1:00 - 2:30	Enjoy!	Room 13	
Ukulele (Fee) (every other week)	2:30 - 3:30	Akiyo Kinst-Hori	West Wing	
*Higher Learning Class for Older Adults (Fee) Nominal fee for this activity				